

CREATE YOUR **LIFE.**  
WHAT IF YOU COULD TURN  
YOUR GREATEST OBSTACLE INTO

DISCOVERY AND POSSIBILITY?  
WE THINK YOU CAN. SEE BEYOND YOUR SELF-  
AND SOCIETALLY IMPOSED

LIMITATIONS. ENGAGE IN A PRACTICE THAT HELPS  
TO DEVELOP THE ABILITY TO SEE ANEW, TO  
ASK NEW QUESTIONS, CULTIVATE CURIOSITY,  
**AND CREATE POSSIBILITY.**

QUESTIONING HELPS US TO LIVE, AND TO GROW.  
THE WORLD IS FLUID, AND CONTINUOUSLY IN FLUX, YET WE  
PRETEND THAT EVERYTHING STAYS THE SAME. THE WORLD IS  
VARIED, YET WE FIXATE ON A SINGLE WAY OF BEING IN IT.  
WHEN WE THINK THAT WE KNOW EVERYTHING,  
WE STOP GROWING. WE BECOME STUCK.

**SLOWDOWN.** TAKE A LOOK AT  
HOW YOU SEE;

UNRAVEL THE WEB OF ASSUMPTIONS  
YOU HAVE - ABOUT YOURSELF, ABOUT OTHERS, ABOUT YOUR PROBLEMS,  
AND ABOUT THE WORLD - THAT PREVENTS YOU FROM  
LIVING LIFE IN CREATIVE AND GRATIFYING WAYS.  
EVERYTHING, AND EVERYONE IS CONNECTED,  
AND IN SOME WAY HAS AN IMPACT ON EVERYTHING ELSE. PAIN AND DIFFICULTY  
ARE PRODUCED SOCIALLY, AND IN CONNECTION WITH OTHERS,  
AND SO IS THE CURE. GROUPS—WHETHER TWO PEOPLE  
OR TWENTY-FIVE—MAKE GROWTH POSSIBLE. THE  
INTERPLAY BETWEEN AND AMONG PEOPLE CREATES EXPONENTIAL  
POSSIBILITIES FOR WHO YOU CAN BECOME.  
THERE ARE MANY WAYS TO SEE AND LIVE LIFE, AND

**YOU CAN CREATE** THEM.  
PRACTICE MAKES POSSIBLE.

